

SKL

Magazine

ISSUE #30



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Merry Christmas

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Welcome back

SKYLINE
Magazine

Incredible as it may seem, this is our 30th issue. It looks as if it was last month when, in Skyline English Centre, we decided to create a free magazine for those who were interested in the English language, a magazine created by students, teachers and other staff of our school. And three years later, here we are, with more and more students helping us every month to develop this project.

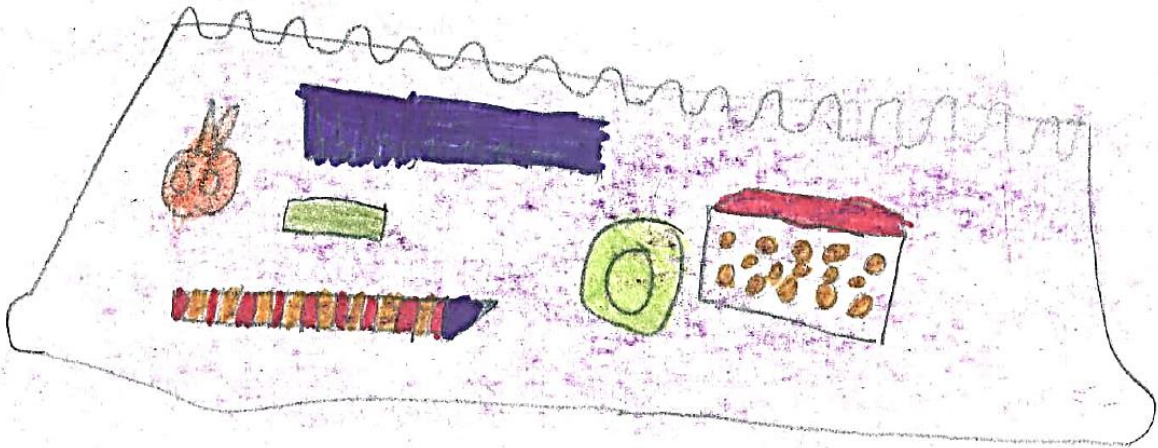
*We are finishing 2014 and looking forward to the beginning of 2015. We only hope the latter is as good as the one we are about to leave. As I told you last month we have started our **SKYLINE FOOD RACE** and, although we won't finish it until the 12th of December, I can tell you right now that we are definitely going to beat our own record because so many people got involved this year! We will see how much food we finally raise...*

In this issue, you will see how hard our kids have been working. This month I find the topics our adult students chose particularly interesting: technology, self-esteem and autism. You choose. Also, our travelling corner has been written by one of our students, he takes us to some amazing trekking routes, if you are into walking, this piece is highly recommended. As always, we offer you some ideas for your free time during December, with the incomparable help of Marta.

I hope you enjoy the reading and remember that teaching you is our priority, you inspire us every day.

Learn well

MY PENCILCASE



This is my Pencilcase.

This is a dark blue ruler

It's a green cellotape

This is a red orange dark blue pencil

It's a dark green ruler

My day

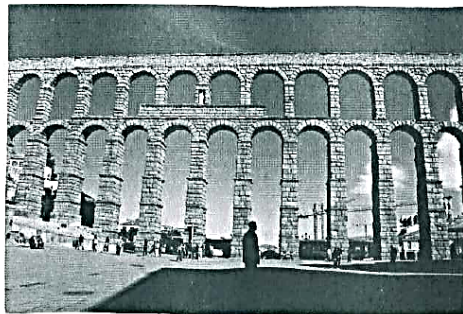
I get up at eight o'clock
 I have breakfast at quarter to eight
 Then, I go to school
 I finish school at two o'clock
 I have lunch at five quarter to
 After lunch, I go to a painting class
 I have dinner at eight o'clock
 I go to bed at ten o'clock



Segovia's Aqueduct

There is an astonishing monument in Segovia, this monument is called Segovia's Aqueduct. The water of the aqueduct travels from the spring to the city. The water goes through more than 15 kilometers. The tallest part it is 28 meters high and underground there are 6 meters more. There are 166 arches and 65 simple arches also there are 44 double arches and 36 pointed arches. It was rebuilt in the 15th century to restore the broken part by the muslims in the year 1072. In the upper floor the arches have a light of 5,10 meters. It is build with blocks of stone made of granite. On the top of the highest 3 archs There is

a writing with bronze letters where the date and the builder are included. Also at the top you can see 2 niches on each side of the aqueduct. In the past it was maintained active so the monument now is in good condition.



FOOD Pyramid

Talia's 8

I eat bread every day of the year
 I eat eggs three days a week
 I eat milk two times a day
 I drink soda on the weekend



CITY OR COUNTRYSIDE?

Skyline
junior

Hi! My name is Sandra. I'm 9 years old. I live in a city called VALLADOLID. In my city there are a lot of shopping centres, cinemas, libraries, hospitals... Many times, I go to the shopping center like Equivocio. My school is near my house but I go by car. I like the city because it has sports centres, hospitals, restaurants, community centres. but in a city there are less trees, more traffic and the air is polluted and in a village there are more open spaces, trees, there is no traffic and the air is clean. In a village if you climb to the top of the mountain you can see a beautiful landscape and I like looking at the sunrise. From my balcony I can see the fireworks.

I LIKE MY CITY!



VILLAGE



CITY



Tweets of the month



Skinnie Talls @SkinnieTalls · Nov 28

I'm not destructive, I just overestimate the structural integrity of everything.



C @bossy_bootz · Nov 27

You don't know what you have till it's gone or till it stops retweeting you.
Whichever



stevie nelson @iamstevienelson · Nov 15

No one has hugged me today which is probably why I can't stop eating.



Randi Lawson @RandiLawson · Nov 5

"I liked the book better" -me on meeting someone in person after reading their autobiography



Pharrell Williams @Pharrell · Nov 3

Wise are those that learn lessons when things are easy as well. Foolish are those who'd only rather count lessons when things are hard.



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@skylinecentre**

Also on

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Theatre

El intérprete

A combination of theatre, music and cabaret. Asier Etxeandia does it all. Calderon Theatre welcomes from 5th to 7th of December a music trip with songs by the greatest solo artists as well as bands from different generations. Price goes from 10 to 22 Euros.



Peter Pan

The never ending story of Peter Pan told once again, but this time is a show full of dance and images perfect for all the family. From 26th to 28th of December in Calderon Theatre. Tickets for children range from 6 to 10 Euros and for adults from 9 to 15 Euros.



News

Music

Marlena Smalls & The Hallelujah Gospel Choir

Marlena Smalls is one of the most versatile and inspired American artists of the moment. She sings not only gullah and gospel but also jazz and blues. On 16th of December she will be at Zorrilla Theatre. Tickets vary from 20 to 25 Euros.



New Year's Concert

The Auditorium Miguel Delibes welcomes the New Year's Concert on 28th of December. There is no better way to finish the year and to start the new one. If you are a fan of classical music, you cannot miss it. The tickets cost between 22 to 38 Euros.



Exhibitions and others



Vallisoletanos Irreemplazables

The Art Galley “La Maleta” pays homage to Jorge Vidal with this exhibition about important people from our city. You can visit it free of charge from Tuesday to Friday from 18.30 to 20.30 and on Saturdays from 12.00 to 14.00.

Gastromarket

Do you like food? If your answer is yes, this is the place to be. On 27th and 28th of December, Feria de Muestras holds the Gastromarket, where visitors can try and buy different products, there are special workshops for children... It opens from 10.30 to 20.30 and there is free entry.



The new technologies: A new way of life and relationships

The new technologies have changed a lot during the last years. Everybody has computers, mobile phone, E-books, tablets... Young and older people manage all the electronic machines, and the most important thing: you can have Wi-Fi everywhere, even free.



For ten years, new jobs around the technologies have appeared: for example, a community manager, someone who makes it possible for the companies to be present in social websites such as Facebook and Twitter. Also, other new jobs are apps mobile developer.

All the apps that we have in our mobile phone are created by people with this job. The most popular is WhatsApp. Everybody uses it to communicate with their friends or family. Who doesn't have a grandmother with WhatsApp? Or who doesn't have an irritating group that sends videos every day, every second?. You, addict to WhatsApp, leave it! Go out and talk to people face to face!. It's a new game invented millions years ago and it is FREE!.



The new technologies: A new way of life and relationships

But not only relationships have changed; the old jobs have had to adapt to this new technologies. Journalists work with the Internet and the information is faster. We have news about every continent in minutes. Teachers use the whiteboard and the computers to encourage knowledge. All professions use internet.



To sum up, people change the way of communication with the progress of the technology. Now, you can communicate easier with new apps, although sometimes this can be irritating and you want to throw the phone or the computer away. Nowadays, if you don't know how to handle a computer, it's difficult to find a job. Therefore, it's necessary to know all the improvements about computers.



How can you improve your self-esteem?

I ♥ ME

People who suffer from low self-esteem have negative feelings and thoughts about themselves and everything around them. They tend to be rude and rough with other people, pessimistic about their jobs, their houses, and their lives as a whole. They believe that they are not capable people, they deprecate themselves, or they seem to have abandoned themselves physically.

Surely, you have thought at some point that you could do anything by no means possible, or that nothing would end well in spite of your efforts. In other words, your self-esteem is completely down. But remember, sky is the limit.

If you are identified with the former statement, think about what you could do to restore your self-esteem. Firstly, know and accept yourself as you are. We are not equal, not everybody is good at the same things, and do not to feel underestimated, instead, try to improve. Secondly, focus on your virtues, there are not only bad things, surely, you have loads of things to offer to the world and these can make you a very valuable person. Thirdly, pamper yourself, take care of yourself, and please yourself very often. Sport is one of the most important factors that can help you boost your self-esteem; being fit will not only make your body healthier and stronger but you will also feel much happier.

Finally, set an aim in your life. Where do you want to go? How far do you want to go? Are you on the right track? You must set a goal which you feel fulfilled with and try to reach it, because, if you do not have ambitions in life, you will not be able to use your tools to obtain results and you will stagnate in your personal development. The most important thing in this life is to be happy while you are living it.



AUTISM

+ Have you seen that child over there?

- Who?

+ That child who is playing alone.

- Ah yes, that strange one, what is he doing?

+ I don't know. It seems that he is swaying and making noises. He is hitting the ground with a stick.

- I know who he is; he is Raúl, Ana's brother.

- Raúl? And what is wrong with him?

+ Ana told me that her brother is an autistic child.

- Autistic? It is the first time that I hear it

- And what is that? Is he sick?

+ No, Ana told me that autism is not a disease; it is a generalized disorder of development. His brother does not communicate like us; he hardly speaks and does not play like us.

- But and that? How can it be?

+ I don't know, but Ana told me that he likes playing with the cars.

- But you told me that he does not play like us

+ Yes but Raúl takes the car and only turned the wheel with his finger. Ana says he likes it very much and he can be a long time playing alone.

- Wow, that's unusual, and more?

+ He likes to swing to feel comfortable and that sometimes he covers his ears when Ana plays music at home

- Does the noise bother him?

+ That is what Ana says.





-Then, can we play and talk to him?

+ Ana says that she talks non-stop and although he does not look at you she knows that he is listening. And that Ana often mimics what he does and seems that Raúl smiles and approaches her.

-Good and what shall we do. Shall we get closer?

+ I don't know. Look, Ana is also there.

-Let's go

+ Hello Ana

· Hello

+ What you doing?

· We are playing with castles. Do you want you play with us?

+ Ok

· I am the princess and Raúl is a medieval knight with a sword that saves me from a dragon

+ That funny, I be a soldier

-Me too.



Autism

Lack of contact with people, self-absorption and emotional loneliness

Leo Kanner 1943

TEA

Autism spectrum disorder, group of generalized disorders of development, characterized by alterations in social communication linked to a pattern of stereotypical and restricted behaviors and interests.

Autism Europa 2000

1 in every 68 children is autistic.

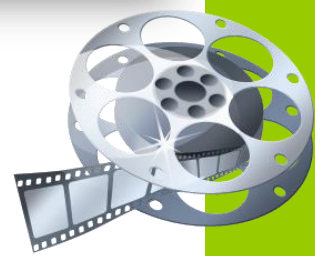


Movie of the month

INTERSTELLAR

What if the future is not as bright as we think? What if the technology we have created consumes us all eventually? What happens next? This is the premise of *Interstellar*, set in a near future, probably two or three generations after ours. The willingness to explore the last frontier is long gone, now the inhabitants of the planet are just trying to survive, no more gadgets or inventions, only crops and survival. Usually, when we think about the future, a robot at home, a flying car and a lot of other hi-tech come to mind. This movie shows the other approach to the future, one in which the humans are doomed, shortage of food and a plague of dust make it impossible to grow nothing but corn. It actually makes you think, what if...?

Christopher Nolan, creator of the last *Batman* trilogy, directs and produces this spectacular movie. Nolan delves into the wormholes theory with the help of his brother in charge of the screenplay. This is, so far, his deepest work, scientifically speaking.





Movie of the month

INTERSTELLAR

This movie reminded me vaguely to Contact (1997), a science fiction film which also explores the wormholes and in which Matthew McConaughey took part as well. Since I watched Interstellar, I had been trying to find the link... It turns out that Carl Sagan, writer of the novel Contact, on which the film is based on, was a personal friend of Kip Thorne and got him to collaborate on the movie. Thorne is the theoretical physicist who inspired the movie Interstellar. He is one of the authorities in the field of gravitational physics and astrophysics. He has actively participated in Nolan's film as scientific consultant and executive producer.

The cast is unbelievably rich with McConaughey as leading actor, along with Anne Hathaway, Jessica Chastain and Michael Cane, but let's not forget about Mackenzie Foz, playing the main character's daughter. He acting is impeccably neat. It would not come as a surprise if McConaughey was nominee again next year for a Golden Globe or an Oscar. Since he started choose his roles more carefully he has opened a door to this new level of acting for him. If I had to mention some supporting character I would go for Chastain's performance as the grown up daughter since she kept the spirit portrayed by the young Foz.





Movie of the month

INTERSTELLAR

From the technical point of view, it is a very well done film, shot completely in IMAX, it experiments greatly with deep space imagery. However, in the original version the sound was too intense and sometimes that made it difficult to hear the dialogues in the cinema.



To sum up, it is a film rooted in the loving relation between a father and his daughter (to be honest, forgetting about the son), it brings us sacrifice for a greater good, emotion, some ray of comedy (with the robots) and, overall, science, a lot of science. So, if you like physics, you shouldn't miss it. And if you are not a great fan of physics, give it a try; you may see the future in a different way.



Louisiana PECAN FESTIVAL

A pecan is a type of hard nut that gives the name to festivals in different parts of the United States such as South Carolina and Louisiana in November, Texas in May and September or Mississippi also in September.

In general, Pecan Street Festival consists of local bands and businesses getting together under the pecan trees setting stalls selling commercial goods and food and stages to play music. It is a great attraction for the towns that hold them.

Louisiana Pecan Festival

This festival takes place on the first weekend of November in the Town of Colfax and receives around 70000 visitors each year.

The reason to celebrate the pecan is because many farmers grow it and pecans were native to the area. It has been that way since the settlers arrived from the Carolinas, Georgia, Alabama and Mississippi.

Back in the 1990s, the festival lasted only for two days but it grew more and more and a higher number of vendors and visitors flocked to the area, therefore, it was decided to expand it one more day.

Everybody is involved; the Louisiana Pecanettes are the festival's ambassadors, the team is made up of students who not only perform in the festival but also travel to other fairs to promote it.

The festival itself consists of crafts stalls, costume and cooking contests, musical entertainment and fireworks on Saturday night. Friday is more aimed at children as they have different events such as a talent show



TRAVELLING CORNER



Ordesa Valley and the Lost Mountain

If you love and enjoy doing exercise in a natural environment as me, I invite you to practice hiking through the most beautiful route of Spain. Of course, I am talking about the Ordesa and Monte Perdido Nature Park, in Pyrenees, Huesca..

In early October on the long weekend of El Pilar, I got the opportunity to take pleasure in this amazing landscape with two friends. Despite the bad weather; I must admit that we were walking breath taken due to the marvelous scenery discovered in every step we took. There are many routes to walk, but the most famous and easiest is the path which communicates the Refugio de Goriz with Torla.

In my opinion, the best moment it is at beginning of autumn, because of several reasons. Firstly, there are less people doing the route. Secondly, the leaves, which fall from the trees, make a special red carpet along the way, and the woodlands are filled with this kind of autumn colors like brown, yellow, ochre, all of that will take you to a special environment that I am sure you will never forget.



TRAVELLING CORNER



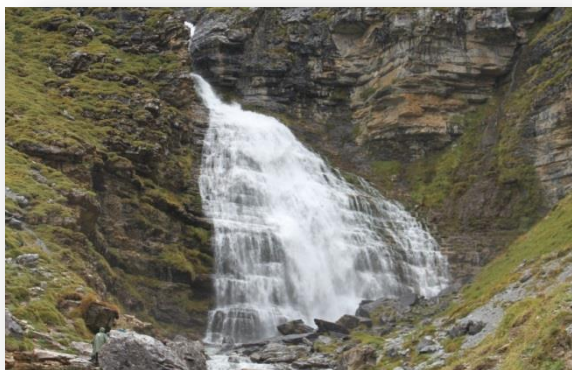
Ordesa Valley

and

the Lost Mountain

Also it is possible to check the weather, more routes, activities, and pictures, at the webpage www.goriz.es. Besides, if you are interested in visiting it, and you have decided to go there in summer, remember that, in this season it is forbidden to park the cars in the parking area at beginning of The Park (point P in the map), because there are too many visitors, but buses are provided to pick you up from Torla, so you must leave the vehicle in the village.

As for amateur people, I would recommend you go on along the footway GR11, which is parallel to the river and it is very well indicated. Furthermore, this track has some balcony where you can take photos of the amount of waterfalls in the river through as I show in the picture. For you the end of the route could be the “Horsetail Waterfall” (2nd picture) – “La Cascada de Cola de Caballo”- the main attraction and the biggest waterfall until there. The name comes from the picture drawn when the water falls.



TRAVELLING CORNER

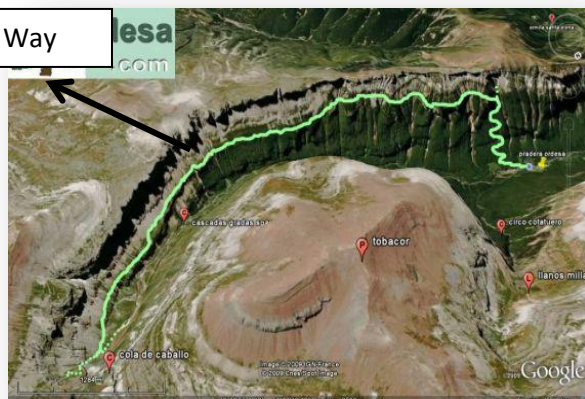
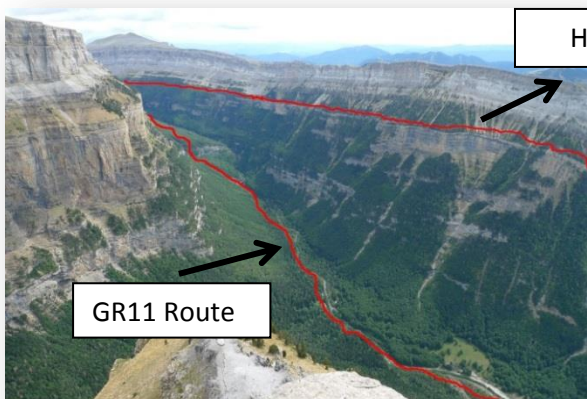
Ordesa Valley

and

the Lost Mountain



To return, you can come back the same line or if you want it is possible to choose "The Hunters Road." This footway stretches along the middle rise of the valley. This option will show you a very interesting sight of the valley.



TRAVELLING CORNER

Ordesa Valley

and

the Lost Mountain



As for the people who have hiking experience, it is possible to continue the route until Goriz Refuge, after having overcome the valley high level through the “Clavijas” or “Zetas way”. Then a new incredible view from the top of the valley and an huge mountain called “Monte Perdido” with 3.355 m will surprise you. If you are thinking about climbing the mountain, you should know the top is snowy between November and the beginning of July. Here you have a picture of the way to the mountain’s top taken from the refuge since we could not reach the top because the bad weather.

Way to Monte Perdido’s Top

3.355 m



A curiosity, the Goriz Refuge staff is isolated four months per year (from November to February) due to the snow, and the rest of year, food and other things are transported to/from the refuge by helicopter.



Refuge in winter



Refuge in summer

To end I reported that in the village of Torla there is a variety of accommodation and many companies that offer several risk sport like rafting, climbing or canoeing, which you can hire to have an great weekend.



COOKING CORNER

Caramel Pecan Cheesecake



Ingredients

- 40 caramels
- 6 tablespoons of milk
- 1 cup of chopped pecans
- 6 oz of ready to use graham cracker crust
- 16 oz of softened cream cheese
- ½ cup of granulated sugar
- ½ teaspoon of vanilla extract
- 2 beaten eggs

Melt caramels with milk in small bowl in microwave on HIGH for 2 minutes. Stir in pecans; pour HALF of the mixture over crust. Refrigerate crust for 10 minutes. Refrigerate remaining mixture for the topping.

Mix cream cheese, sugar and vanilla with electric mixer on medium speed until well blended. Add beaten eggs and blend. Pour cream cheese batter over caramel mixture in crust.

Bake at 350 degrees F for 40 minutes or until centre is almost set. Cool. Refrigerate at least 3 hours before serving. Drizzle reserved topping over each slice.



LEARNING CORNER



IDIOMS

- ✓ **Deliver the goods:** to do what is expected or promised.

I have given my car to a new mechanic for repair, hope he delivers the goods.

- ✓ **Work like a charm:** to works very well or has the desired effect.

I had cloves from my sore throat and they worked like a charm.

PHRASAL VERBS

- ✓ **Wrap up:** To wear enough clothes to keep warm.

*It's really cold today. Be sure you **wrap up** when you leave the house.*

- ✓ **Turn off:** To bore; repel (very informal).

That music turns me off. Please play something else!

IN OUR NEXT ISSUE...

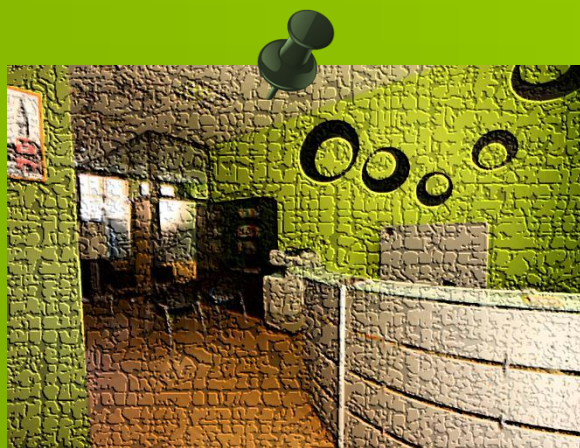
- Movie of the month:
The Penguins of
Madagascar



- Culture: Hanukkah



SKL *Magazine*



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