

SKYLINE

Magazine

ISSUE # 12



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Welcome back

SKYLINE
Magazine

The leaves are falling off the trees, cold is coming to our homes, some foggy mornings and rainy days, winter is coming and autumn is getting ready to say goodbye. Children are already thinking about the end of the term and the upcoming holidays, and adults... well, we are starting to think about our new year resolutions. Don't panic! We still have time.

First of all, we want to congratulate all our students who took Cambridge exams because they passed. We hope we can continue helping them achieving the level of English they want. Secondly, I personally want to dedicate this issue to a baby girl who was born on 13th November because without her mummy this magazine would not exist. And last but not least I would like to remind you about our SKYLINE FOOD RACE which is still on, remember that you have time until 14th December to bring all the food you want for those in need.

In this issue you will go to Denmark on the travelling corner and to Poland on the culture corner where one of our teachers tells us about a tradition in her country. Also, you will be taken to Lisbon and will learn about its architecture guided by one of our students. Moreover, you will be able to find out about what food intolerance is and how it affects us. If you are interested in knowing what is done at kindergarten, don't miss the article "One Day at Kindergarten".

As in every issue, you will be informed about some events that you can enjoy in our city although this time we count with Marta's invaluable assistance. As well, you will get the review of a film we recommend.

I hope you enjoy the reading and remember that teaching you is our priority, you inspire us every day.

Learn well

Maria Menéndez
Skyline English Centre

My favourite...

What's my favourite boy?

My favourite one of all?

Is it my train? Is it my car?

No it's my **pink** ball.

What's my favourite colour?

You may like it too

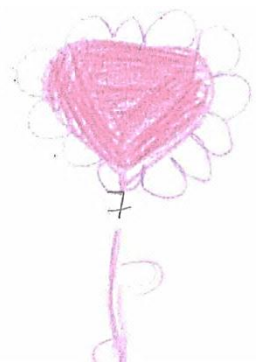
Is it green? Is it red? No it's the

colour **pink**. What's my favourite

animal? It's furry and it's fat.

Is it a dog? Is it a goat?

No it's a lovely rabbit



Lorena

This is my bike. The colour of my bike is maroon and it has got flowers. It is for seven or six years old. My bike is a perfect bike. My bike is very fun.



This is a perfect bike. It is green and purple. It's very big, it's got two wheels. This bike is for a girl of 7-8 years old. My family and I go to the country. This bike is beautiful.



MY School

My name's Pablo I go to Parque Alameda
Our classroom is downstairs, it's very big and
bright I'm in class 2B There are 10 girls and 12
boys in my class Our teacher is my cousin
There are lots of pictures and posters on the wall
I sit with my friend Estela



My collections:

I love football and I've got a collections of football stickers. My favorite stickers are Cristiano's and Jaime's. Cristiano plays in Real Madrid and Jaime is in Real Valladolid. I don't like Barcelona stickers. I give my friends some of my stickers and they give me some of their stickers.

Rubén 10



Tweets of the month



Deepak Chopra @DeepakChopra

2 Nov

Merely wanting bad things to stop is not enough. You must intend something new to replace the old.



Will @WillyFerrell

9 Nov

I miss my childhood, when the hardest decision was picking a crayon.



Nicola Anne Peltz @Peltz_Nicola

12 Nov

"There are all kinds of love in this world but never the same love twice" - F. Scott Fitzgerald



David Boreanaz @David_Boreanaz

16 Nov

Before you know it your life will flash in front of your eyes. Make it worth watching.



Dwayne Johnson @TheRock

16 Nov

Keep it simple.. Be better today than you were yesterday.
Greatness will come.. #SmallStepsIntoBigSuccess



Russell Simmons @UncleRUSH

24 Nov

Every day set the simple goal of trying to be more awake and less distracted.



Send us your favourite tweets
@skylinecentre

Also on 

What to do

Leisure Activities for teenagers

✓ The city hall has organised a leisure program called “Vallatarde”, which will take place on Saturday evenings until 15th December. It aims young teenagers and includes activities for those ages divided into four areas: **LUDOJOVEN**, **CYBER ZONA**, **ZONA MOVIDA** and **ZONA CREATIVA**. Don't miss it at Jose María Luelmo Community Centre (Parque Alameda).

Theatre plays and musicals

✓The three musketeers looking for d'Artagnan

On 6th December, at 12.30 and 17.00, at José Zorrilla Theatre, we can enjoy this family-oriented play under the direction of Javier Veiga for a price of 8 and 12 €.

✓The first dog in the world

The legend on how the first dog in the world was created inspires this musical for children. It will take place from 27th to 29th December at 19.00 at Calderon Theatre. The price varies from 6 to € for children and 6 to 15 € for children. The author of the play is Daniel Pérez and it is performed by ES.ARTE theatre company.



News



✓The Wizard of Oz: The Musical

The musical of the famous film by Victor Fleming comes to our city on 16th December with children as its target audience. The performance will take place at Zorrilla theatre at 12.30 and 17.00 and its price will be from 15 €. The author of the musical, Albert Ponte, based it on the work of Frank Baum and gives the theatre company Mundiartistas the chance to perform it.

✓Sleeping Beauty

Moscow Ballet is performing the famous fairy tale on 14th December at 20.30 at Zorrilla theatre. The author of the play is P.I. Tchaikovski and its director Timur Faizief. If this kind of show is your cup of tea, you can enjoy it for only 25 to 35 €.



Concerts

✓Doing musical craft work. Next 21st December at 21.00 Miguel Poveda will delight us with his concert at Calderón Theatre.



News



✓ On 22nd December, Sala Porta Caeli receives the concert given by Barricada. The show will start at 21.30. Tickets in advance will cost 18 €.

Exhibitions

✓ “1936-1945” by Javier Ayarza

La Maleta Art Gallery (Norte st. with Toreros st.) displays this exhibition by Javier Ayarza. From Tuesday to Friday, from 19.00 to 21.00, and on Saturdays from 12.00 to 14.00. Visit it until 15th December. Free entrance. .



✓ Javier Bolaños de Hoyos Exhibition

The exhibition hall at Espacio Joven (101, Paseo de Zorrilla) will display the painting exhibition by Javier Bolaños de Hoyos until 16th December. Free entrance.



One day in kindergarten!



Some children arrive between eight and nine in the morning because their parents start working early. After children have breakfast, I have to give the babies their bottle or baby food.

At 9 o'clock the rest of children arrive and start the daily routine. They play with their toys; cars, dolls, balls, constructions and more toys for one hour and after they put the toys away while we sing a song.

At 10 o'clock the gathering starts, some children sit on the floor, other children sit on the potty and the babies sit on high chairs. We sing songs accompanied by movements, for example the names of some of the songs are: "The days of the week", "The numbers" "Ducklings in the water" "I have a house" "An elephant"...

We tell the children a story with a puppet; generally it is a short story because they get tired very fast. They really like "The story of Cinderella", "Fairy tales", "Little red riding hood", "The three little pigglets", "Snow white and the seven Dwarves"...

When we work on the topic of the family, parents make a book, each of them write about their family, their trips, their jobs, their hobbies... They can include photos; it is more interesting because children can't still read. After we read and show the book in class, all the children know the family of the other classmate. The name of the book is "Book traveller".



One day in kindergarten!



When we work on the topic of the family, parents make a book, each of them write about their family, their trips, their jobs, their hobbies... They can include photos; it is more interesting because children can't still read. After we read and show the book in class, all the children know the family of the other classmate. The name of the book is "Book traveller".

For instance, when we work on the topic of jobs, each week one father or one mother comes at school to teach things about their jobs. For example, one mother is a nurse, she showed us the uniform, bandages, strips, syringes... She bandaged the arm of the children; they dressed up as nurses, and they treated their dolls.

Also, when we work on the topic of animals, one father is a farmer; he invited us to go to the farm. The father lifted the children up onto the tractor. He showed us hens and pigs. We had a great time!

At 11 o'clock the gathering finishes and we have a mid-morning snack. After that we go to the playground.

At 12 o'clock we return to class, we wash our hands, we comb the hair and we take off the school coat.

At half past one some parents come to pick their children up. The rest of the children eat at school. After that, children sleep for an hour and at three o'clock their parents or other members of their family come to pick them up.



I hope you have enjoyed our day at kindergarten!

ARCHITECTURE AND RIVER IN LISBON

I have such good memories of Lisbon. Despite having lived in the city for a year, I have not been to Lisbon since 2006. This is an essay about buildings, landscape and places, and the Tagus River will be our connecting theme.

Lisbon is located on the right river bank. Our journey is going along the Tagus River from the Vasco da Gama Bridge until its mouth, some kilometers further on. On the way, we'll be regarding several interesting buildings, but also, some spectacular views.

The Vasco da Gama Bridge is the first of them. It is considered to be the longest bridge in Europe, with a total length of 17.2 km. It was finished in 1998, just in time for the Expo 98. The area which was occupied by the Lisbon World Exposition will be our next stop.



The “Parque das Nações”, its current name, is in the vanguard of the city. Its success consists of having been able to turn an industrial area into a modern neighborhood. The former pavilions are public buildings now. Oriente Station, architecture by Santiago Calatrava, is one of the modern icons of Lisbon. In addition, there are other interesting architectural objects in the area, such as the Lisbon Oceanarium, the Atlantic Pavilion, and the Tower of Vasco de Gama. The cable car is visited by a lot of people every year. Undoubtedly, my favorite one is the Pavilion of Portugal, project developed by Álvaro Siza. The main part of the building is based on a big square covered by a concrete slab. Behind this square, we can gaze at the skyline.



ARCHITECTURE AND RIVER IN LISBON

We leave behind the Parque das Nações in order to continue our visit. Some Industrial states occupy the edge of the river until downtown. There, “Comércio” Square, joins the city and the river. This area in Lisbon is known as the “Baixa”, due to its closeness to the river. It was destroyed by a tsunami in 1755 and it was rebuilt some years later. There are so many incredible places to visit near here... but this is not our purpose. We’ll just visit “Santa Justa” lift, situated at the end of Augusta Street. It is an urban lift, which was built in order to improve accessibility between the “Baixa” and the “Bairro Alto”. On the top floor, we can get a spectacular view above Pedro IV Square, São Jorge Castle, the Tagus...

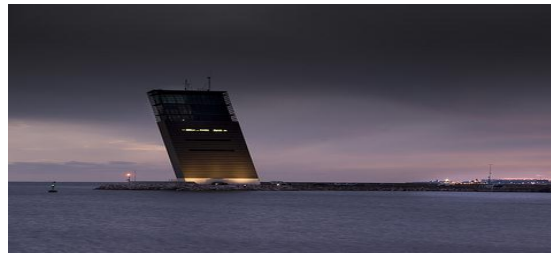


The 25th of April Bridge will be our next stop. It was inaugurated in 1966. It is often compared to the Golden Gate Bridge, in San Francisco, because of the colour and because both of them are based on cable-stayed systems. I think it is much more spectacular than the Vasco de Gama Bridge, despite it is much shorter. Near this area, there are some factories close to the river which were turned into new trendy pubs. This area is known as “As Docas”.



ARCHITECTURE AND RIVER IN LISBON

We get on a train which surrounds the edge of the river. Belem is our next destination. The Jerónimos Monastery and the Tower of Belem are the main monuments of this area. Both of them are classified as a UNESCO World Heritage site since 1983. They were built in the 16th century. Near the river we can find the “Padrão dos Descobrimentos” too. There is a sort of building sequence in this area. All of them are designed as viewpoints above the river. We can distinguish the ocean from here. This sequence starts with the “Padrão dos Descobrimentos”, continues with the Tower of Belem and finishes with a leaning tower, architecture by Gonalo Byrne, which is placed where the Tagus River and the Atlantic converge. It works as a maritime traffic checkpoint.



The journey finishes at this moment. We have already arrived in the Atlantic. But I want you to visit a last place, where the landscape is so spectacular. It is some kilometers from the city and it is known as Cape Roca. It is considered to be the furthest western point in Europe. The sunset in this place is so wonderful that it is the perfect point to finish our route, where we can stay looking at the sky, the Atlantic and the sun for a long time.



Food Intolerance



It was not long ago when finding someone with food intolerance was pretty difficult. Nowadays, everyone has someone close to them who suffers from it.

When we think about food intolerance, it is easy not to be fully aware of the problem. Of course, if one specific type of food does not agree with you, you cannot eat it, but it goes further than that. The food we eat today is not as natural as it used to be; sausages have gluten, lactose or even egg, bread can have lactose, cereals can have egg, jam can have gluten... and, of course, all the pre-cooked meals have a lot of those ingredients that people usually do not tolerate. It means that going to the supermarket is an adventure for people with food intolerance.

However, once they learn what items and brands they can eat, the only problem is the limited variety of their food or the huge list of things they love and they cannot eat anymore.

The five most common food intolerance

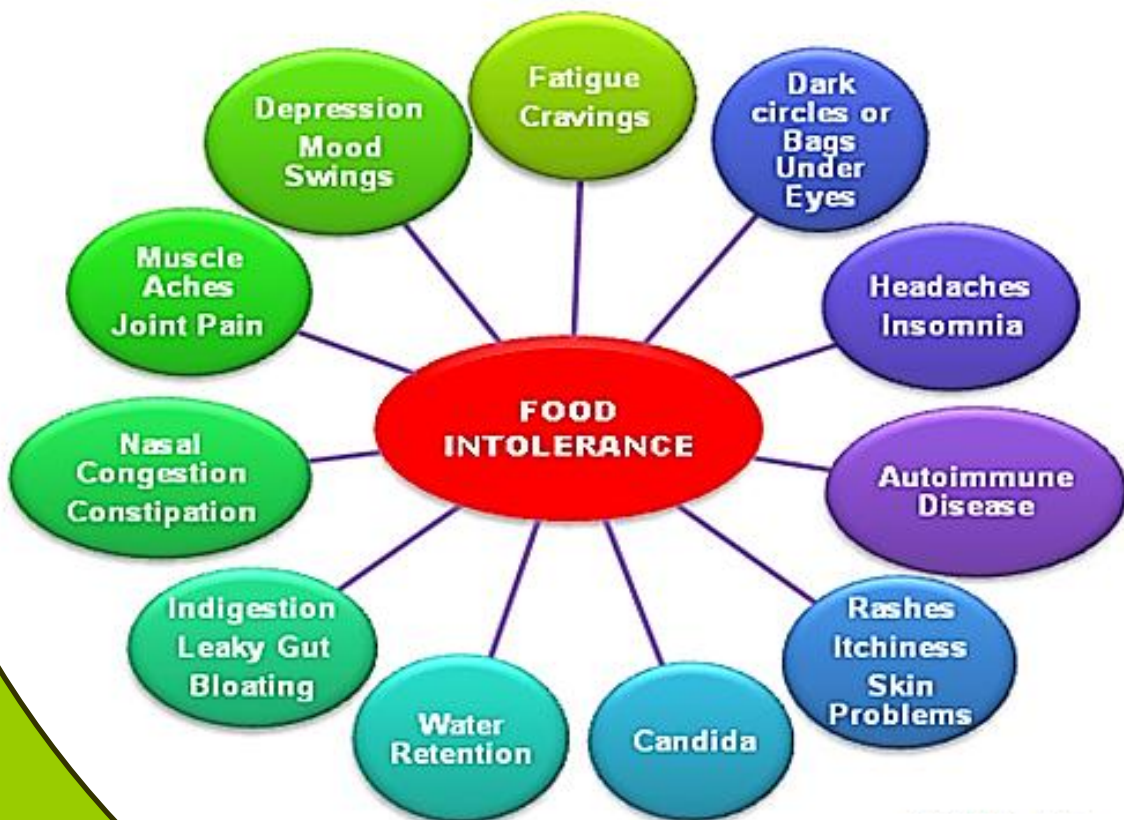
Wheat	Bread, pasta, cookies, pies, some cereals...
Dairy	Milk, cheese, yoghurt, som cookies...
Eggs	Muffins, cakes, omelette, sometimes pasta...
Nightshades	Potatoes, tomatoes, peppers, eggplant...
Fructose	Fruit, honey, onions, garlic...

Food Intolerance



Thus, the real problem comes when they want to eat out with friends or family. When they go to a restaurant, they cannot control what they eat as they do in their own house; this means that finding a place where they can eat, depending on the intolerance, can be a problem.

In spite of the difficulties, the advantages of being more and more people with these problems are that the food industry and some restaurants have seen a business opportunity and they have started to make special foodstuffs for those people. This allows intolerant people to be able to lead a normal life and enjoy something as traditional as a good lunch.





Movie of the month

FIN

Back in 2009, David Monteagudo published his first novel, *Fin*, and three years later, Spanish director, Jorge Torregrossa, known for TV shows such as *La Señora* or *El Comisario*, decided to make his first film based on that book.



A group of old friends gets together for a weekend in a mountain cabin. Years have gone by and yet nothing seems to have changed between them. But lurking behind the laughter and stories is a dark episode from the past that continues to haunt them. A strange, sudden incident alters their plans, leaving them stranded and with no line of communication to the outside world. On their way for help, the group starts to disintegrate, just as a new natural order is unveiled before their astonished eyes.

Although the trailer sells some kind of apocalyptic movie, it is a bit misleading since it focuses on the personal relationships of the group rather than the incident itself which, by the way, remains unrevealed. This helps the further debate as each viewer will have their own theory about what happened.

The technical aspects of the film are well taken care of, the photography by José David Montero as well as the music by Lucio Godoy are worth mentioning.





Movie of the month

THE CAST



Maribel Verdú

After more than thirty years of making movies and theatre, she is one of the most acclaimed actresses in our country. With a Goya Award in 2007 for her outstanding performance in *Siete Mesas de Billar* Francés and multiple nominations throughout her career.

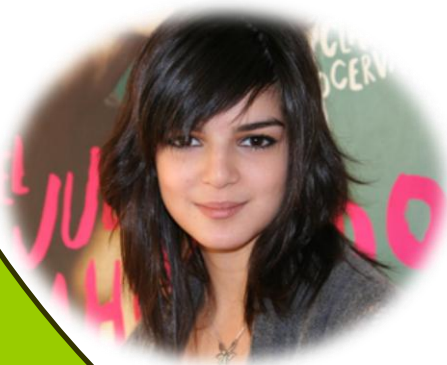
Andrés Velencoso

This is his start in the movie business. He is better known for his career as a model where he has got numerous achievements such as being part of the Top Icons Men de Models List, being 6th. He has appeared in several campaigns of Chanel and Louis Vuitton among others.



Clara Lago

Although she is one of the youngest in the cast, she is a very experienced actress having worked with Eduardo Noriega or Luis Tosar. She belongs to the new generation of actors who will lead the future of Spanish cinema.



30th November: Read My Wax

You may not believe in horoscopes or tarot reading. However, you must agree with me that trying to discover our future could be an absorbing pastime. How many of us have read the horoscopes just for kicks? Think about it and let me tell you a story that comes from a Scottish legend.

Saint Andrew is the patron saint of Scotland and this is why St. Andrew's Day (30th November) is a Scotland's public holiday. Thousands of people spend hours with their friends attempting to foresee what tomorrow will bring. Curiously, this ancient tradition spread in Europe and is deeply-rooted in Poland, Ukraine, Russia and Greece.

I have a blurred image of my mother telling me the story of this festival.

“In the old days, it was a period for fortune telling, extremely important for the girls who were not married. These single ladies would get together every year to look anxiously for an answer to the question: When am I going to join the desired status of a married woman?”

“Then, the celebration started usually with drawing of lots. If you took a rosary, you would spend your life in a convent. If you chose a ribbon, your wedding would take place soon. Finally if you took a leaf, you would never get married.”



30th November: Read My Wax

A lot has changed since then. Nowadays, both men and women gather to have fun. The age seems indifferent. The most significant divination is pouring hot wax into cold water. Too easy, isn't it? The fact that the wax has to go through a hole in a key complicates it significantly. If my memory isn't playing tricks on me, I remember repeating the action over and over again since the naughty mixture didn't want to go towards the keyhole. Once the wax is in the cold water, the image that is created should be interpreted by all the people who are with you. The interpretation, obviously, is free and the creativity is welcomed.



Even small children participate in St. Andrew's fortune telling. At schools, they have special lessons. One common activity is writing all the girls' names on one sheet of paper and all the boys' names on a separated sheet. Then, every girl has to pierce with a needle the boys' sheet but looking at the blank side. The boy whose name is pierced may become something more than a mere friend. Later, the boys do the same with girls' sheet.

Do you fancy pouring some hot wax and setting the gate of the future ajar?



Denmark

The first time I visited Denmark was twenty years ago and the landscape surprised me.

Denmark is as flat as a pancake and most of the landscape consists of forests, pastures and crops. You can see green colours all over, green meadows with horses and cows. Of course it is green, it rains so often even it rains on a sunny day. But this makes it smell fantastic, always clean and fresh.

There aren't only horses and forest; there is also a very varied coastline with sand beaches, dunes and boats. Yes, they have so many long beaches with white sand and they like enjoying them in summer time but they have good weather just a few weeks.

The Danes just adore their country and they take care of it so much. One of the most important elements in their society is the principle of gender equality and this really surprised me some years ago. Danes show few emotions publicly, they are polite and quite.

Danish people love their bicycles and most of them use them to go to school or to work, even in winter time. Winter is cold and dark; there are just four hours of light in the morning. If there is a snow storm, the only thing you can do is staying at home for few days. However, summer time is great with sun shining from four o'clock in the morning.



Sweet Potato Casserole



Ingredients

4 1/2 pounds sweet potatoes	1 1/4 cups cornflakes cereal, crushed
1 cup granulated sugar	1/4 cup chopped pecans
1/2 cup butter, softened	1 tablespoon brown sugar
1/4 cup milk	1 tablespoon butter, melted
2 large eggs	1 1/2 cups miniature marshmallows
1 teaspoon vanilla extract	
1/4 teaspoon salt	

1. Preheat oven to 400°. Bake sweet potatoes at 400° for 1 hour or until tender. Let stand until cool to touch (about 20 minutes); peel and mash sweet potatoes. Reduce oven temperature to 350°.
2. Beat mashed sweet potatoes, granulated sugar, and next 5 ingredients at medium speed with an electric mixer until smooth. Spoon potato mixture into a greased 11- x 7-inch baking dish.
3. Combine cornflakes cereal and next 3 ingredients in a small bowl. Sprinkle over casserole in diagonal rows 2 inches apart.
4. Bake at 350° for 30 minutes. Remove from oven; let stand 10 minutes. Sprinkle marshmallows in alternate rows between cornflake mixture; bake 10 minutes. Let stand 10 minutes before serving.



LEARNING CORNER



IDIOMS

- ✓ **A nine-day wonder:** someone or something that causes interest or excitement for a short period but is then quickly forgotten.

His music was just a nine-day wonder.

- ✓ **As funny as a crutch:** not funny at all.

Your trick was as funny as a crutch. Nobody laughed.

PHRASAL VERBS

- ✓ **Go over:** to review.

Please go over your answers before you submit your test.

- ✓ **Shop around:** to compare prices.

I want to shop around a little before I decide on these boots.

IN OUR NEXT ISSUE...

- Movie of the month: The Hobbit



- Culture: New Year's



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